Sleep and vaccine responses

Patented device to increase vaccine uptake by exploiting chronobiology

Jessica Rose
13 hr ago
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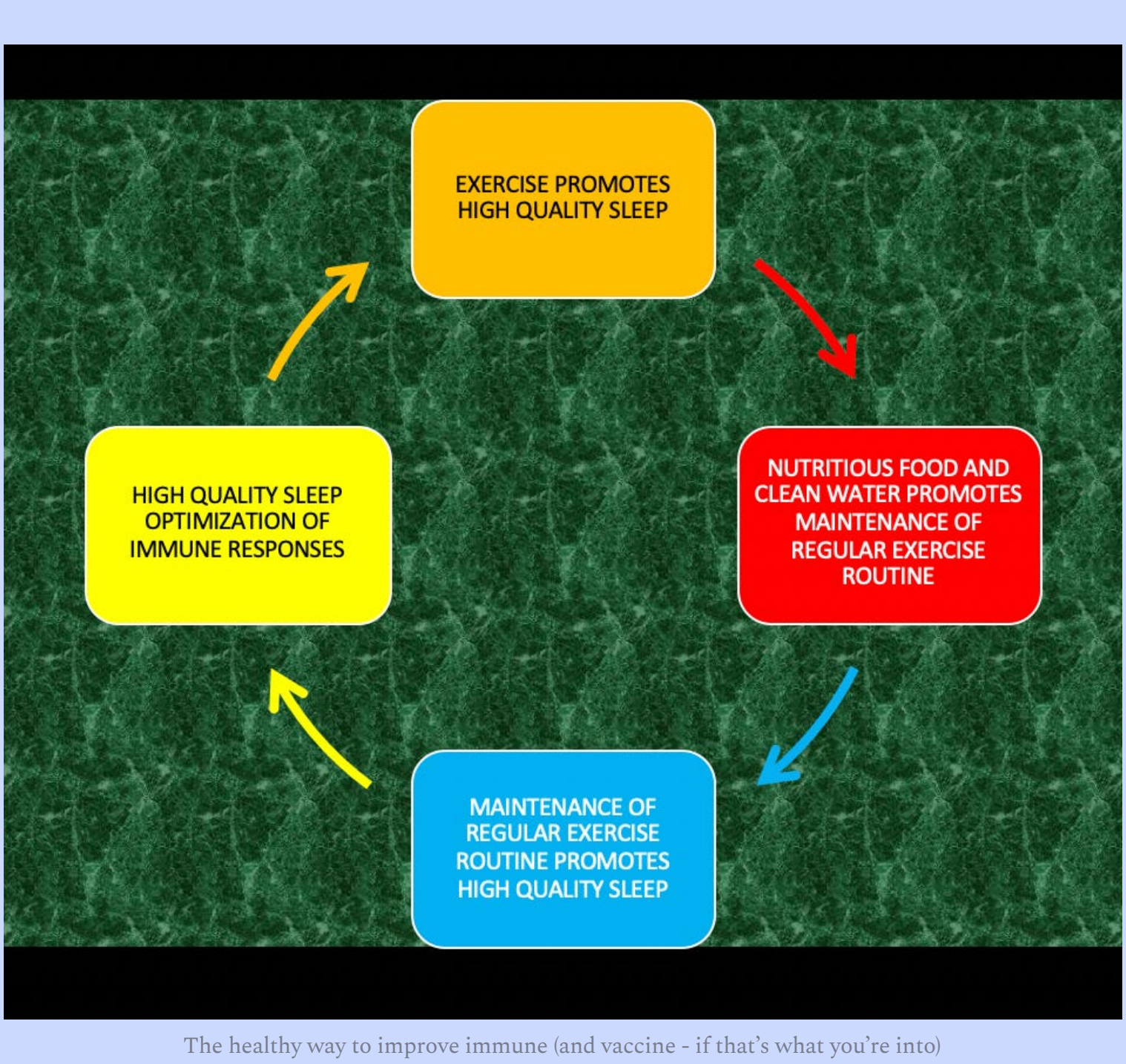
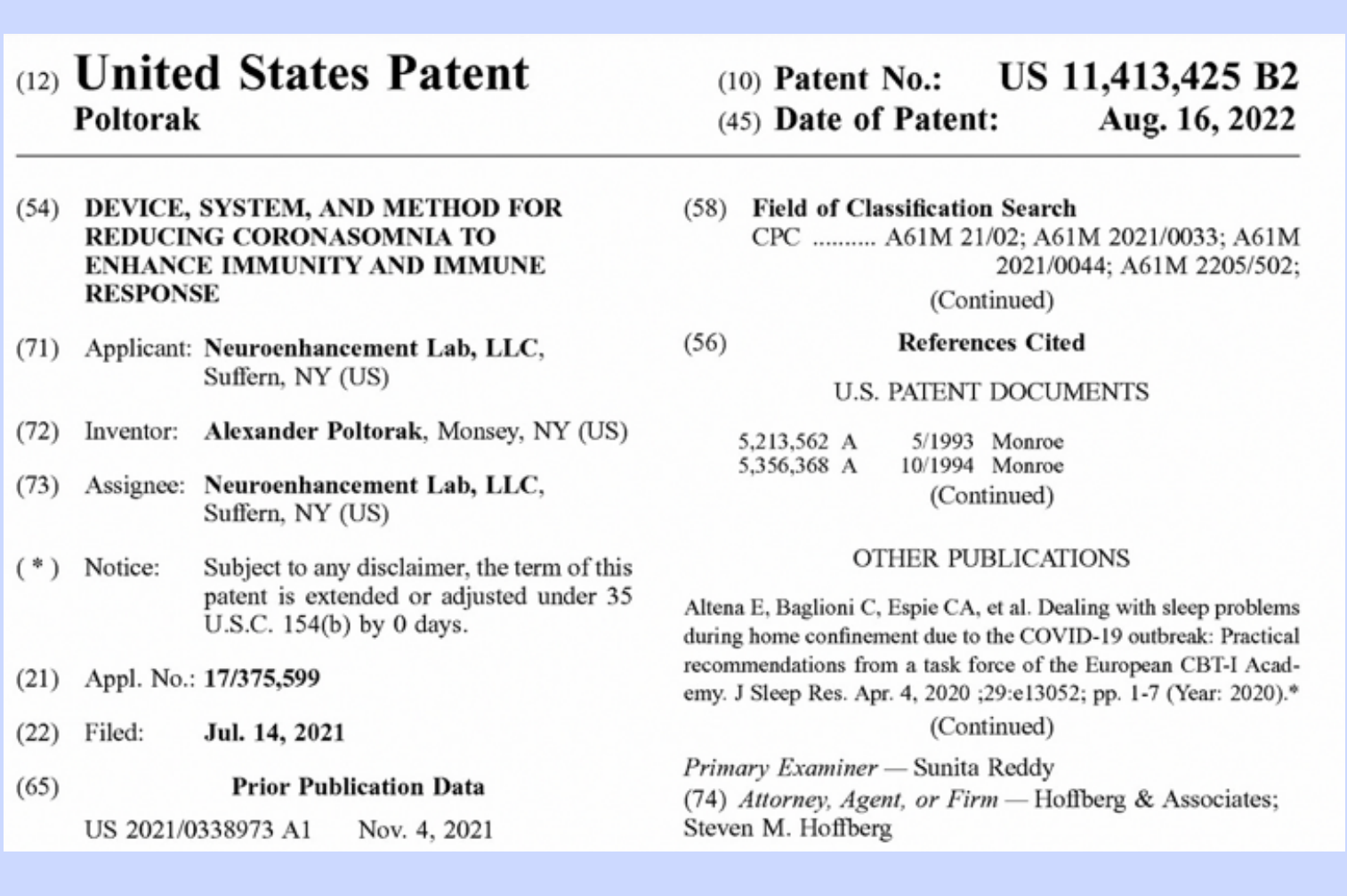
If your goal is to improve vaccine response, then do one thing: PROMOTE HEALTH! But this is not about that, is it?


EXERCISE PROMOTES HIGH QUALITY SLEEP
NUTRITIOUS FOOD AND CLEAN WATER PROMOTES MAINTENANCE OF REGULAR EXERCISE ROUTINE
MAINTENANCE OF REGULAR EXERCISE ROUTINE PROMOTES HIGH QUALITY SLEEP
HIGH QUALITY SLEEP OPTIMIZATION OF IMMUNE RESPONSES

The healthy way to improve immune (and vaccine - if that's what you're into) responses and maintain vitality and longevity. Dr. Jessica Rose.

Go here (I think there's a reason there's no audible sound in this company's promotional video), hold Alice's hand, and fall down the rabbit's hole. It's a long drop.

The reason I am writing this into a Substack is because I honestly don't know what I am looking at. Someone put something in my email inbox regarding a *patent* a while back (like, last August (2022)). I have been staying away from patent subject matter, simply because I have no bandwidth for it or background on it. But in my attempt to find what this person was pointing me to, I found something else that made my skin crawl. I honestly don't know what to make of this, so I have decided that I will just post an ordered sequence of screenshots of the patent for you guys. The device was patented on August 16th, 2022, the same day I discovered it.



(12) **United States Patent**
Poltorak

(10) **Patent No.: US 11,413,425 B2**
(45) **Date of Patent: Aug. 16, 2022**

(54) **DEVICE, SYSTEM, AND METHOD FOR REDUCING CORONASOMNIA TO ENHANCE IMMUNITY AND IMMUNE RESPONSE**

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(*) Notice: Subject to any disclaimer, the term of this patent is extended or adjusted under 35 U.S.C. 154(b) by 0 days.

(21) Appl. No.: **17/375,599**

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(58) **Field of Classification Search**
CPC A61M 21/02; A61M 2021/0033; A61M 2021/0044; A61M 2205/502;
(Continued)

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(Continued)

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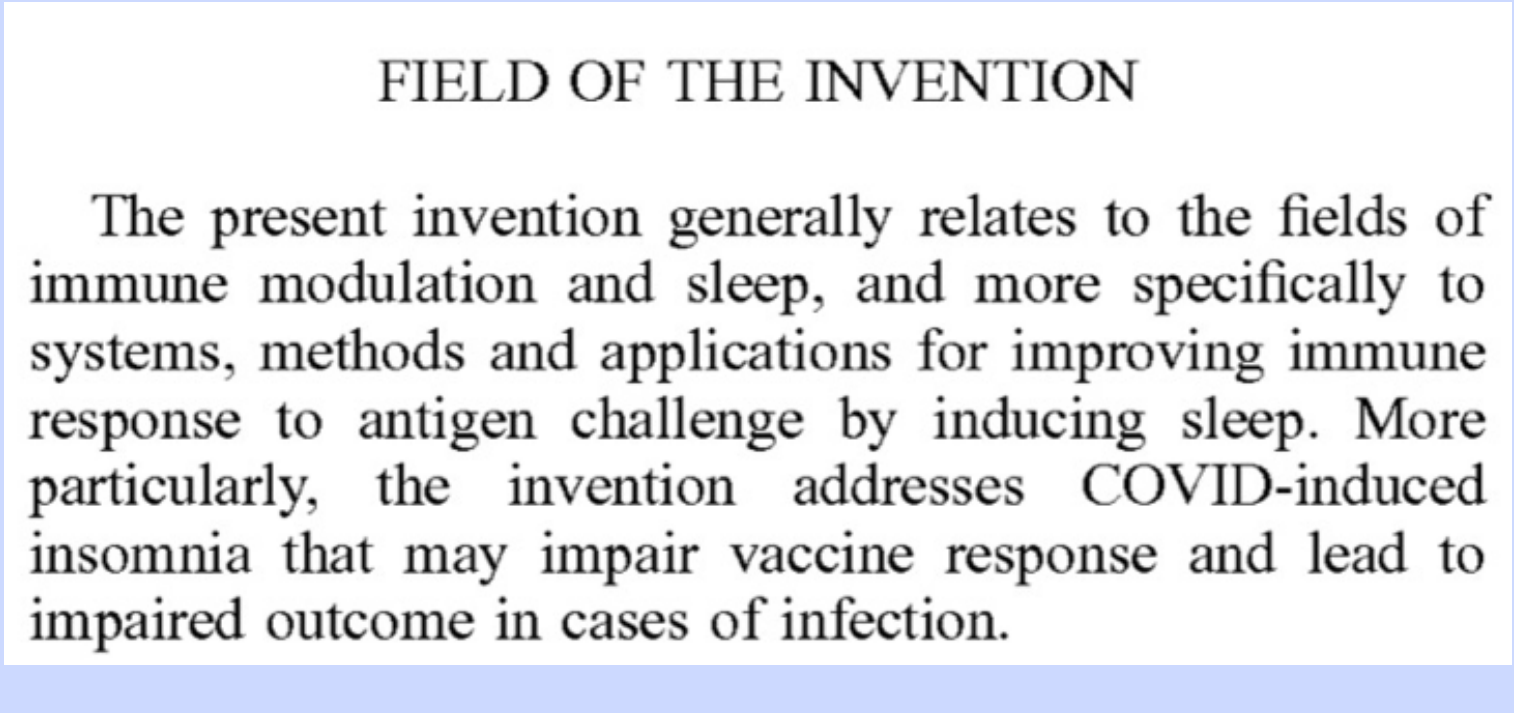
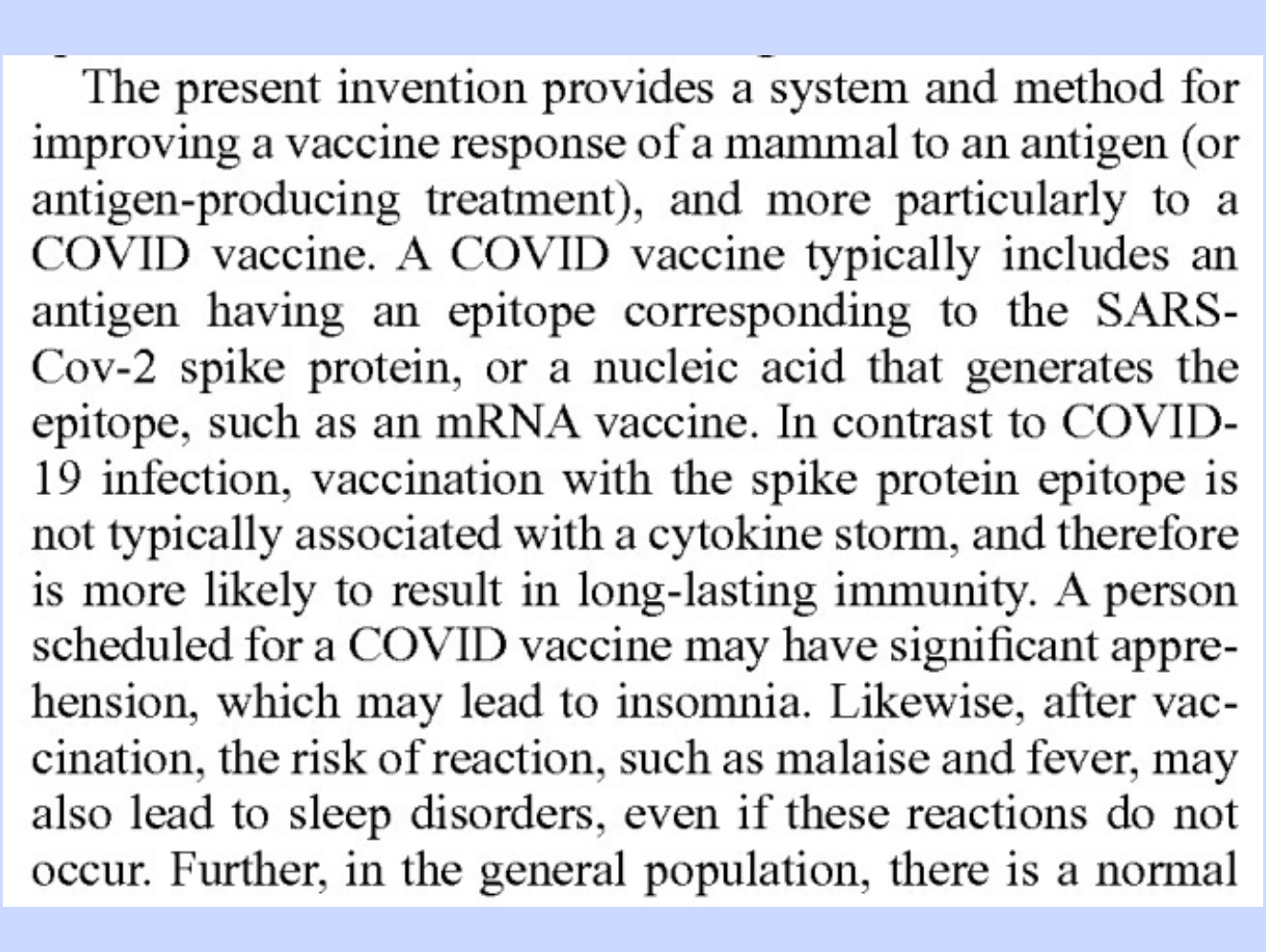


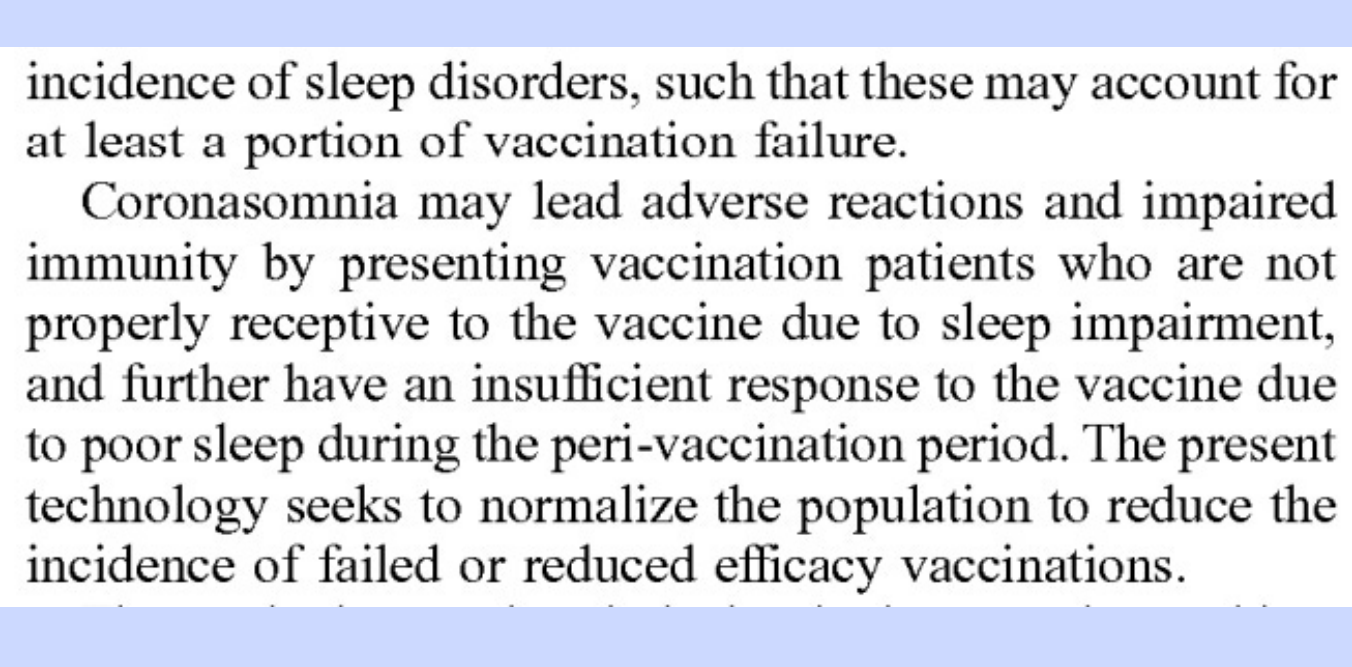
FIELD OF THE INVENTION

The present invention generally relates to the fields of immune modulation and sleep, and more specifically to systems, methods and applications for improving immune response to antigen challenge by inducing sleep. More particularly, the invention addresses COVID-induced insomnia that may impair vaccine response and lead to impaired outcome in cases of infection.

Sounds… creepy? Let's give this idea a chance though. Maybe it's a good idea?



The present invention provides a system and method for improving a vaccine response of a mammal to an antigen (or antigen-producing treatment), and more particularly to a COVID vaccine. A COVID vaccine typically includes an antigen having an epitope corresponding to the SARS-Cov-2 spike protein, or a nucleic acid that generates the epitope, such as an mRNA vaccine. In contrast to COVID-19 infection, vaccination with the spike protein epitope is not typically associated with a cytokine storm, and therefore is more likely to result in long-lasting immunity. A person scheduled for a COVID vaccine may have significant apprehension, which may lead to insomnia. Likewise, after vaccination, the risk of reaction, such as malaise and fever, may also lead to sleep disorders, even if these reactions do not occur. Further, in the general population, there is a normal

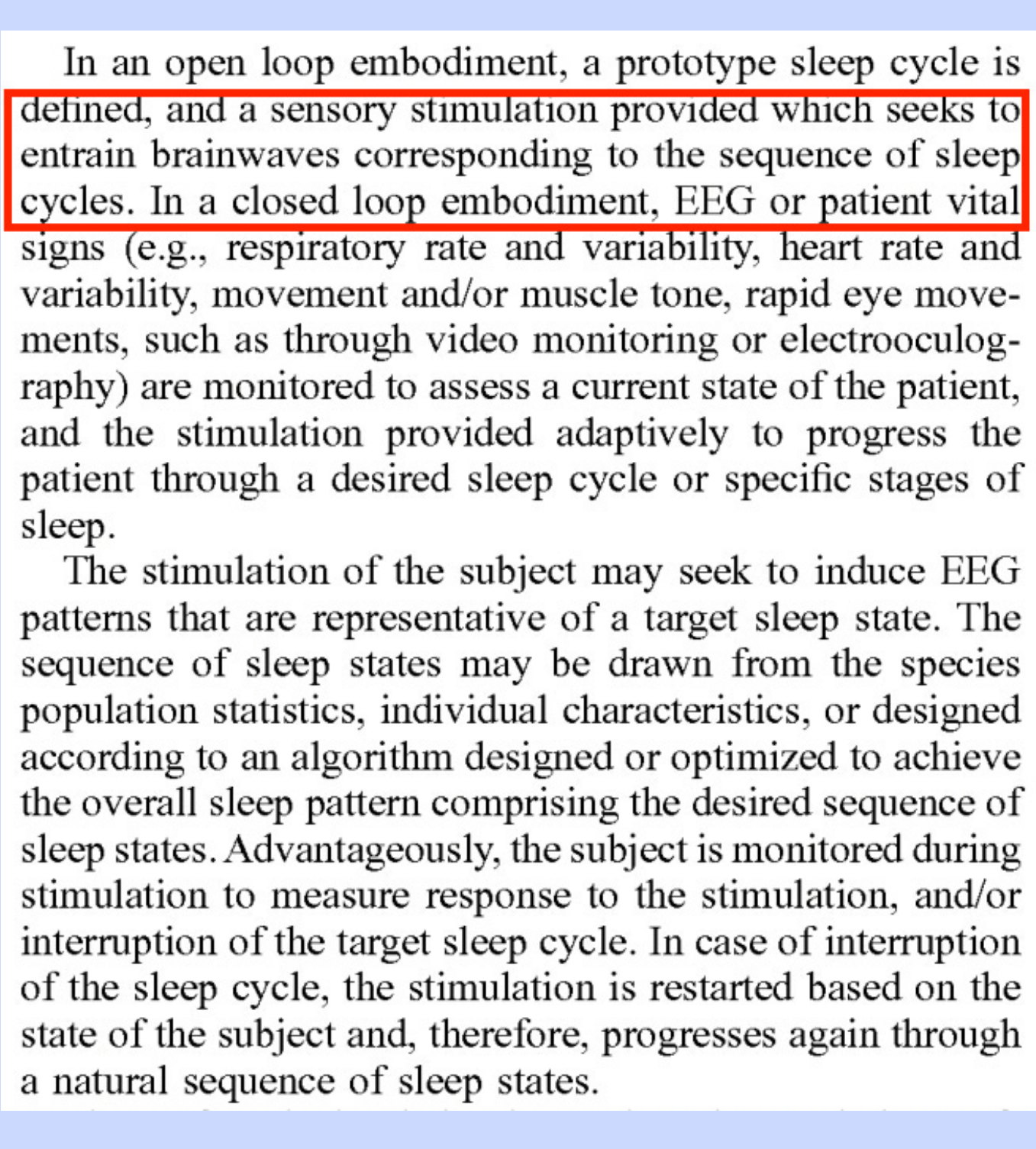


incidence of sleep disorders, such that these may account for at least a portion of vaccination failure.

Coronasomnia may lead adverse reactions and impaired immunity by presenting vaccination patients who are not properly receptive to the vaccine due to sleep impairment, and further have an insufficient response to the vaccine due to poor sleep during the peri-vaccination period. The present technology seeks to normalize the population to reduce the incidence of failed or reduced efficacy vaccinations.

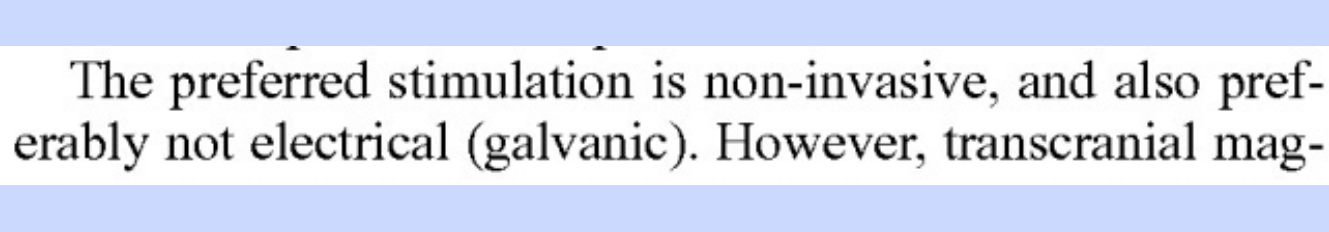
They define a problem here that they call "coronasomnia" which is an inability to sleep due to stress from anticipation of getting the COVID-19 injections and /or adverse events that interrupt sleep that occur afterwards. I can think of a beautiful solution to this problem. It has something to do with not getting the bloody injection.

Subsequently, they are claiming/blaming that 'insufficient responses to the 'vaccines" are due to these sleep disturbances. Bad humans, you're messing up their program with all your stress about getting injected with experimental products that have nothing to do with reducing your chances of succumbing to COVID-19 and/or reduction of symptoms when you do. Maybe they should just use that tagline that I love so much when I am nervous about something: JUST RELAX. That always works, doesn't it?



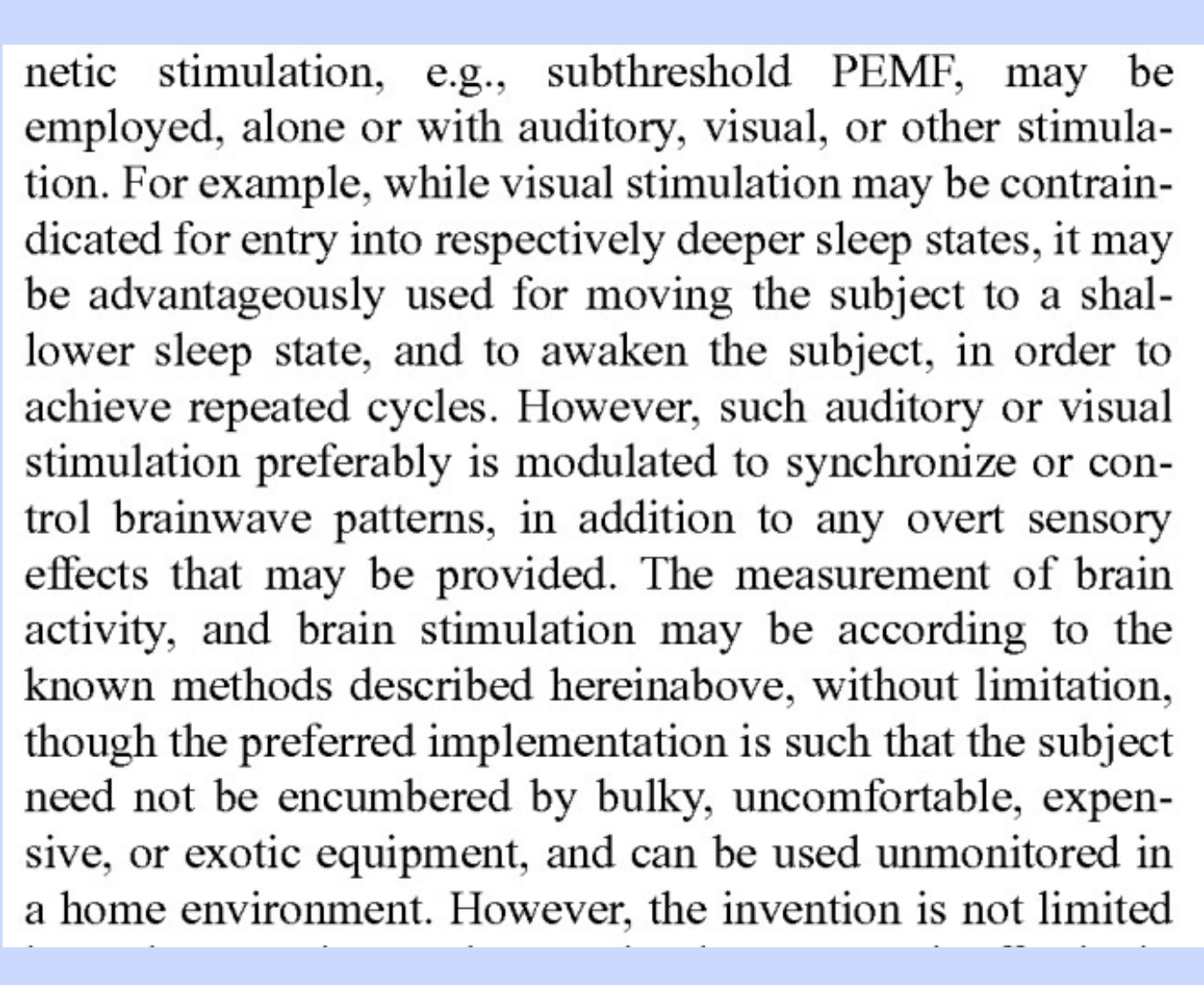
In an open loop embodiment, a prototype sleep cycle is defined, and a sensory stimulation provided which seeks to entrain brainwaves corresponding to the sequence of sleep cycles. In a closed loop embodiment, EEG or patient vital signs (e.g., respiratory rate and variability, heart rate and variability, movement and/or muscle tone, rapid eye movements, such as through video monitoring or electrooculography) are monitored to assess a current state of the patient, and the stimulation provided adaptively to progress the patient through a desired sleep cycle or specific stages of sleep.

The stimulation of the subject may seek to induce EEG patterns that are representative of a target sleep state. The sequence of sleep states may be drawn from the species population statistics, individual characteristics, or designed according to an algorithm designed or optimized to achieve the overall sleep pattern comprising the desired sequence of sleep states. Advantageously, the subject is monitored during stimulation to measure response to the stimulation, and/or interruption of the target sleep cycle. In case of interruption of the sleep cycle, the stimulation is restarted based on the state of the subject and, therefore, progresses again through a natural sequence of sleep states.



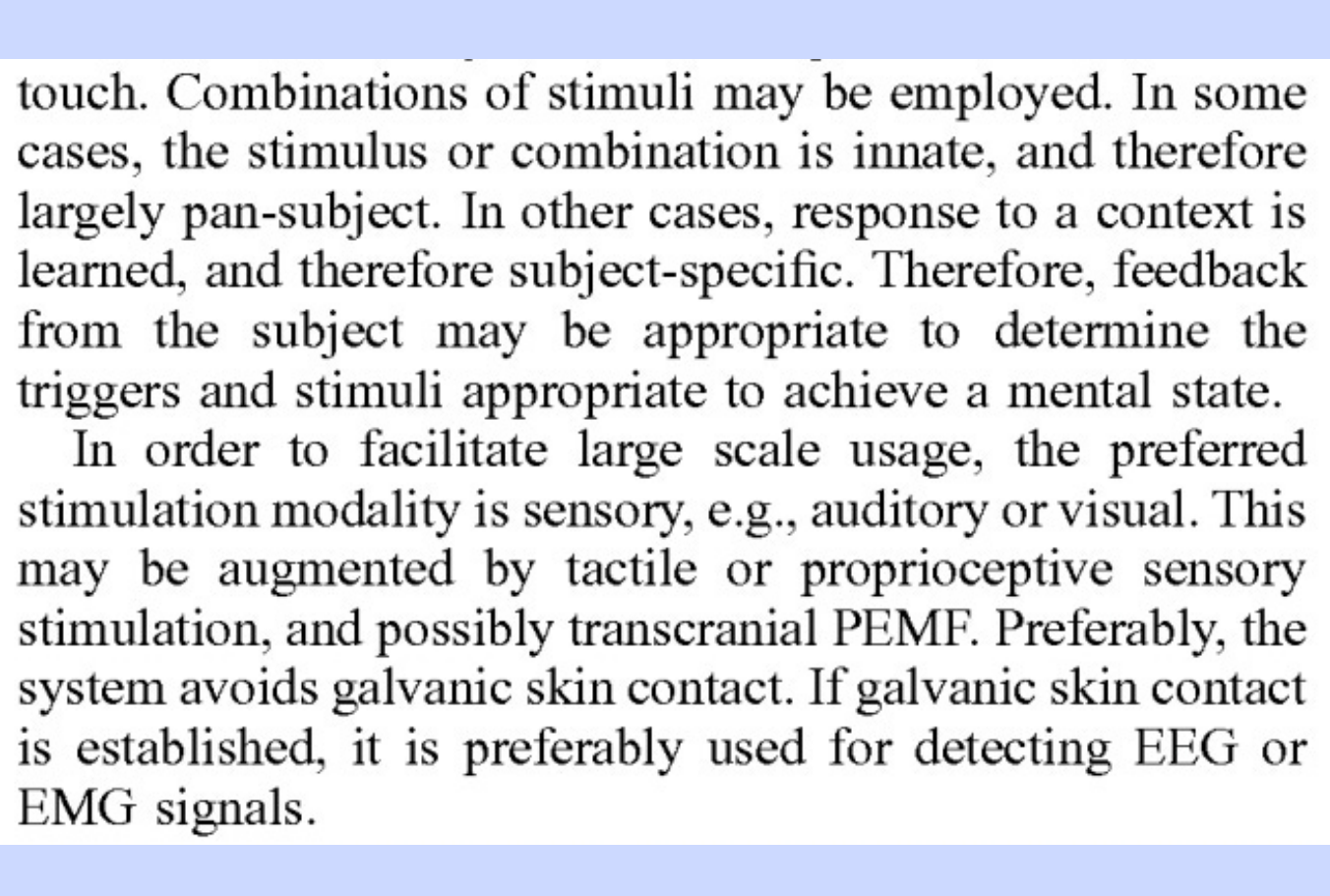
The preferred stimulation is non-invasive, and also preferably not electrical (galvanic). However, transcranial mag-

They prefer non-invasive, non-electrical stimulation of 'subjects'. Prefer. I see.



netic stimulation, e.g., subthreshold PEMF, may be employed, alone or with auditory, visual, or other stimulation. For example, while visual stimulation may be contraindicated for entry into respectively deeper sleep states, it may be advantageously used for moving the subject to a shallower sleep state, and to awaken the subject, in order to achieve repeated cycles. However, such auditory or visual stimulation preferably is modulated to synchronize or control brainwave patterns, in addition to any overt sensory effects that may be provided. The measurement of brain activity, and brain stimulation may be according to the known methods described hereinabove, without limitation, though the preferred implementation is such that the subject need not be encumbered by bulky, uncomfortable, expensive, or exotic equipment, and can be used unmonitored in a home environment. However, the invention is not limited

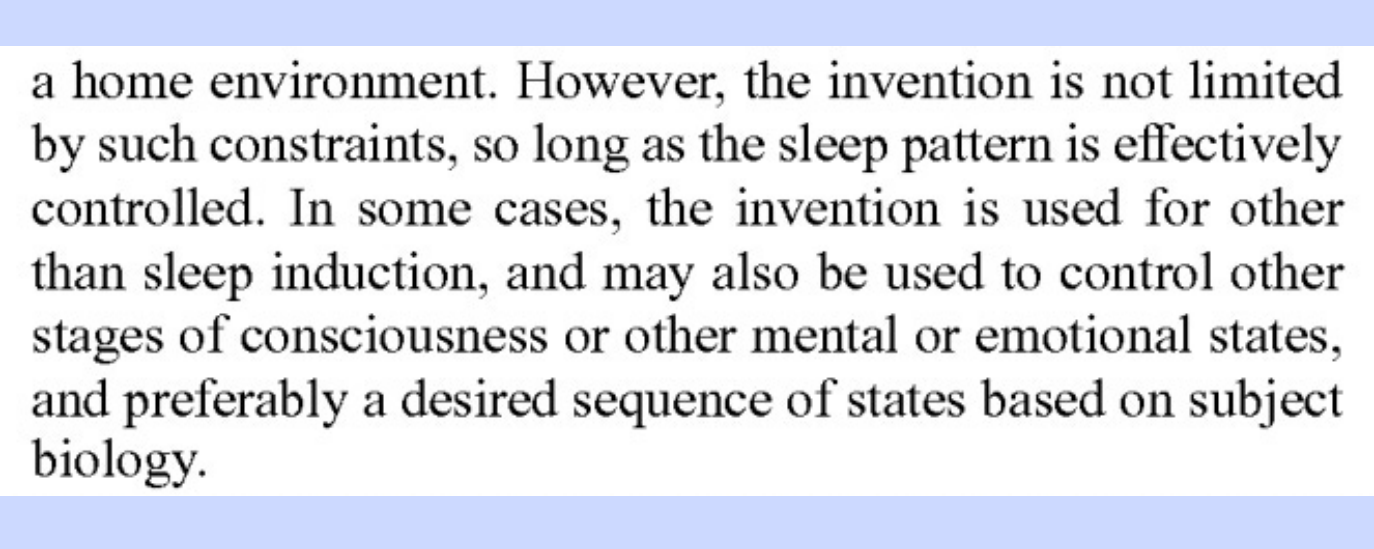
Wait. Visual stimulation using bulky, uncomfortable, expensive or exotic equipment? You mean like this?



touch. Combinations of stimuli may be employed. In some cases, the stimulus or combination is innate, and therefore largely pan-subject. In other cases, response to a context is learned, and therefore subject-specific. Therefore, feedback from the subject may be appropriate to determine the triggers and stimuli appropriate to achieve a mental state.

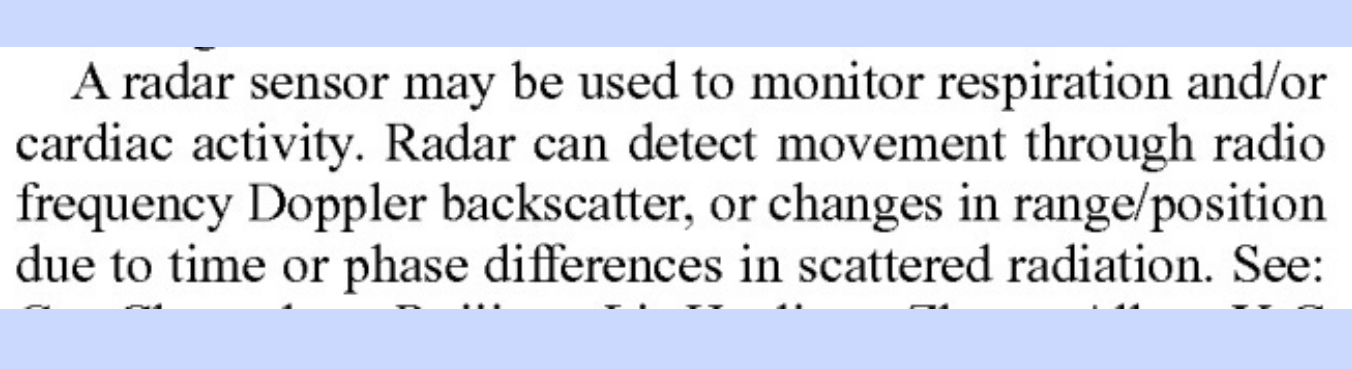
In order to facilitate large scale usage, the preferred stimulation modality is sensory, e.g., auditory or visual. This may be augmented by tactile or proprioceptive sensory stimulation, and possibly transcranial PEMF. Preferably, the system avoids galvanic skin contact. If galvanic skin contact is established, it is preferably used for detecting EEG or EMG signals.

Innate stimulus, eh? Isn't that just another way of describing the effects of implants?



a home environment. However, the invention is not limited by such constraints, so long as the sleep pattern is effectively controlled. In some cases, the invention is used for other than sleep induction, and may also be used to control other stages of consciousness or other mental or emotional states, and preferably a desired sequence of states based on subject biology.

Home, eh? How on Earth would they accomplish getting this kind of technology in people's homes? I mean, that would be as ridiculous as thinking you could get an AI into everyone's homes that could tell them whether or not it's raining in Spain right now.



A radar sensor may be used to monitor respiration and/or cardiac activity. Radar can detect movement through radio frequency Doppler backscatter, or changes in range/position due to time or phase differences in scattered radiation. See:

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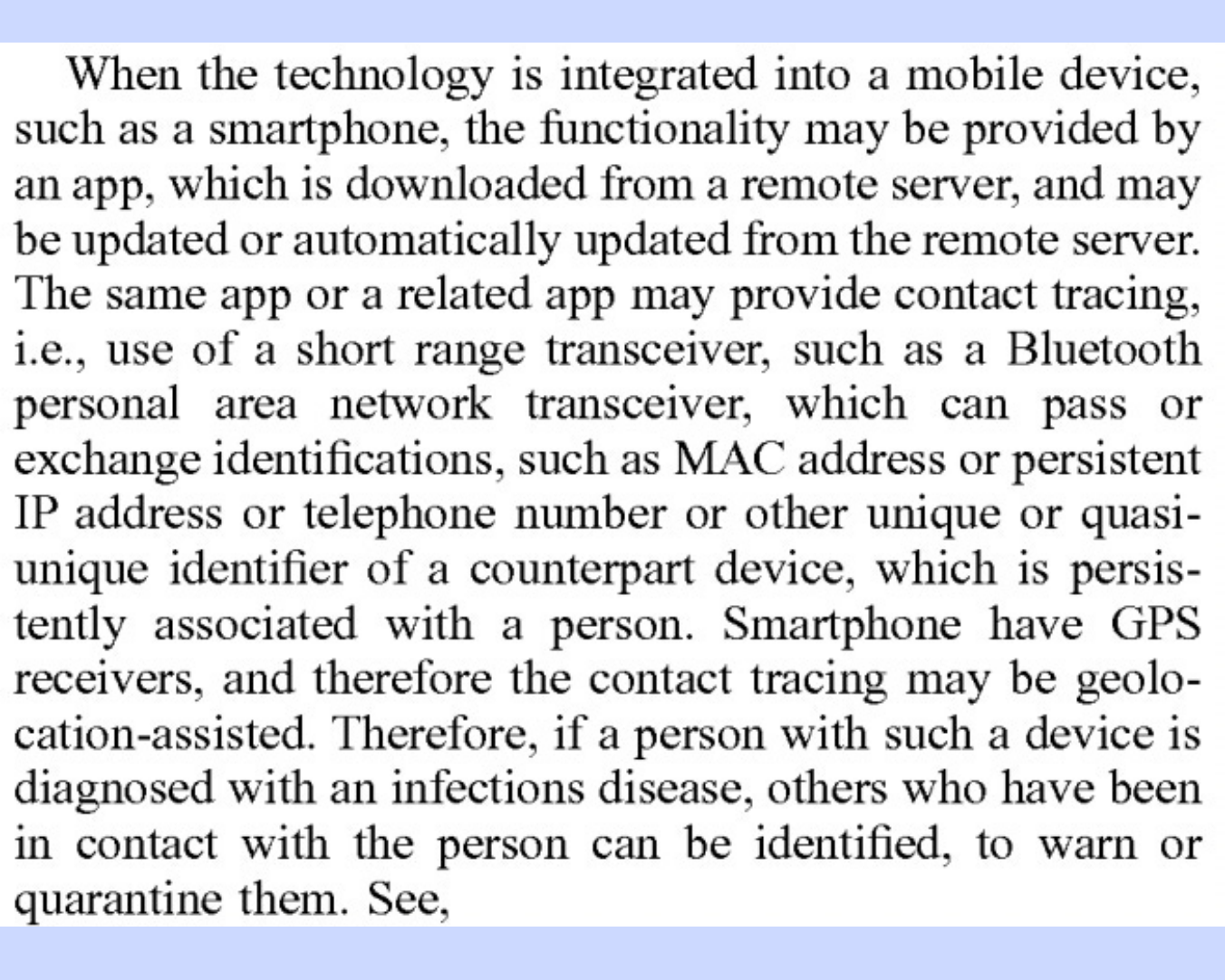
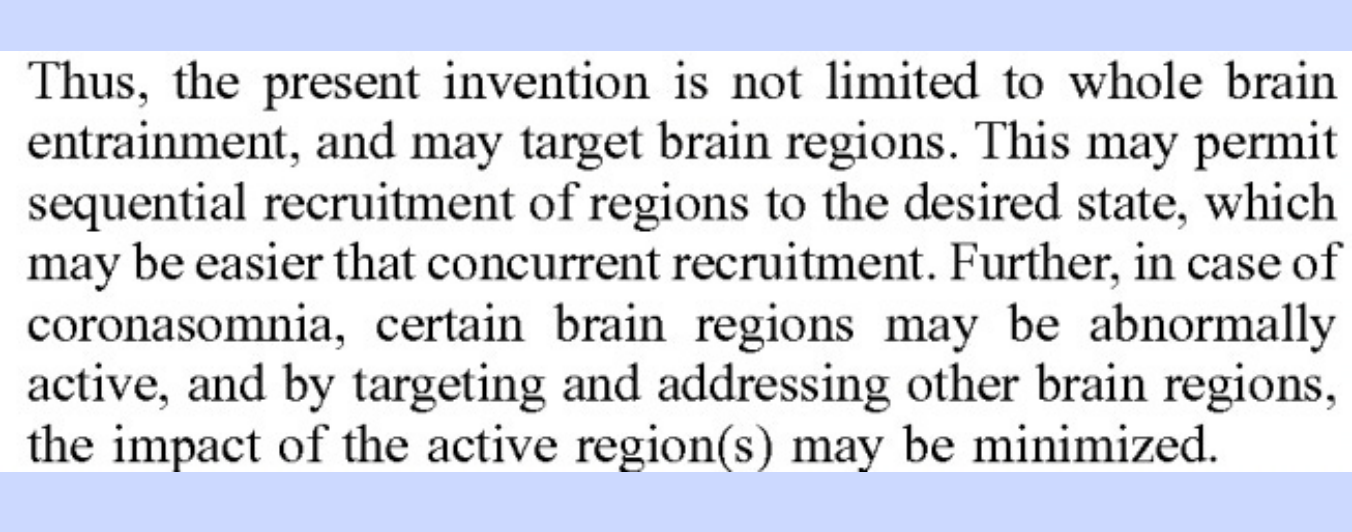
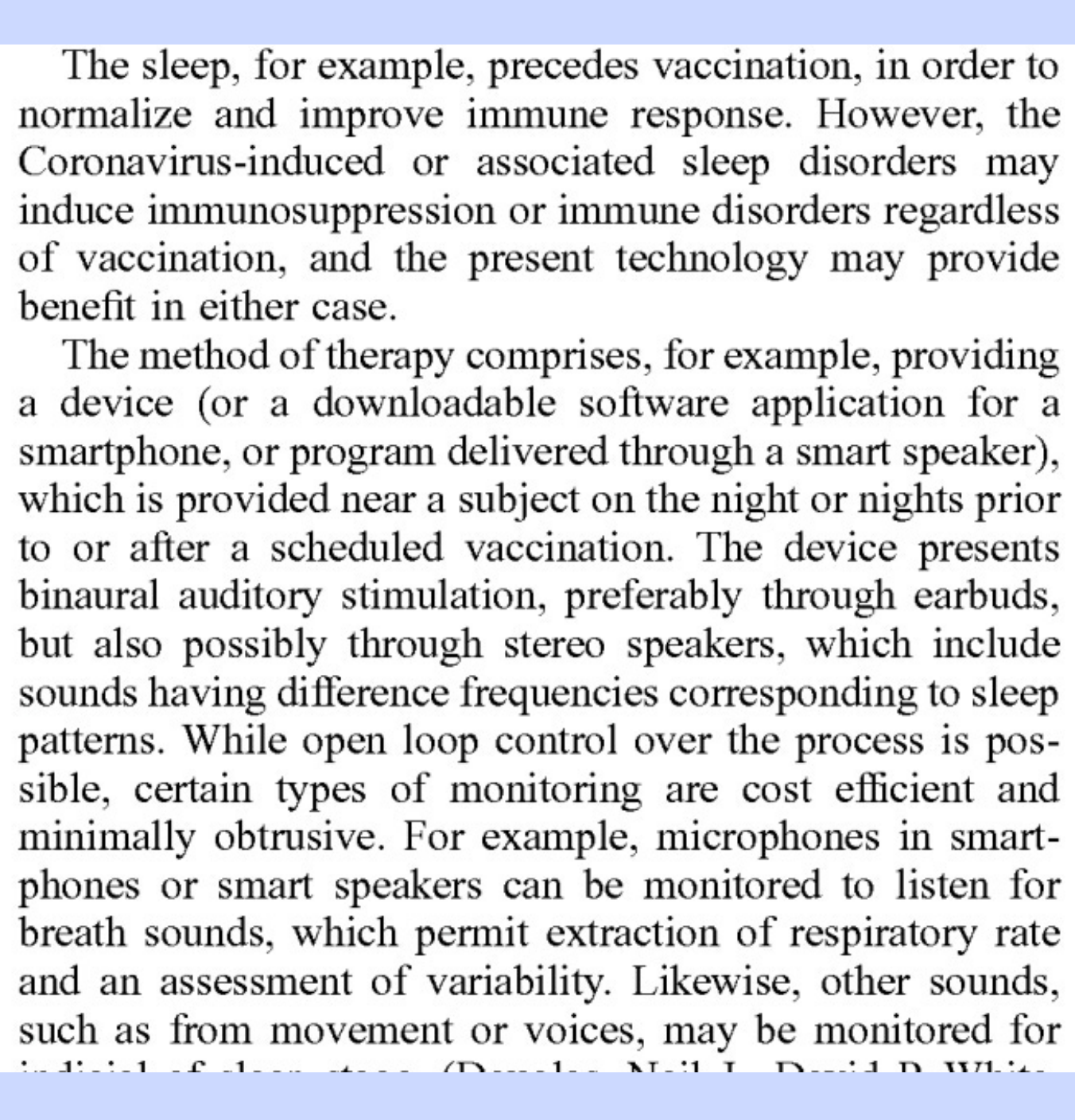


When the technology is integrated into a mobile device, such as a smartphone, the functionality may be provided by an app, which is downloaded from a remote server, and may be updated or automatically updated from the remote server. The same app or a related app may provide contact tracing, i.e., use of a short range transceiver, such as a Bluetooth personal area network transceiver, which can pass or exchange identifications, such as MAC address or persistent IP address or telephone number or other unique or quasi-unique identifier of a counterpart device, which is persistently associated with a person. Smartphone have GPS receivers, and therefore the contact tracing may be geolocation-assisted. Therefore, if a person with such a device is diagnosed with an infections disease, others who have been in contact with the person can be identified, to warn or quarantine them. See,

Didn't I read somewhere that people were saying that they were able to detect injected human beings by MAC address? This is a very strange coincidence.



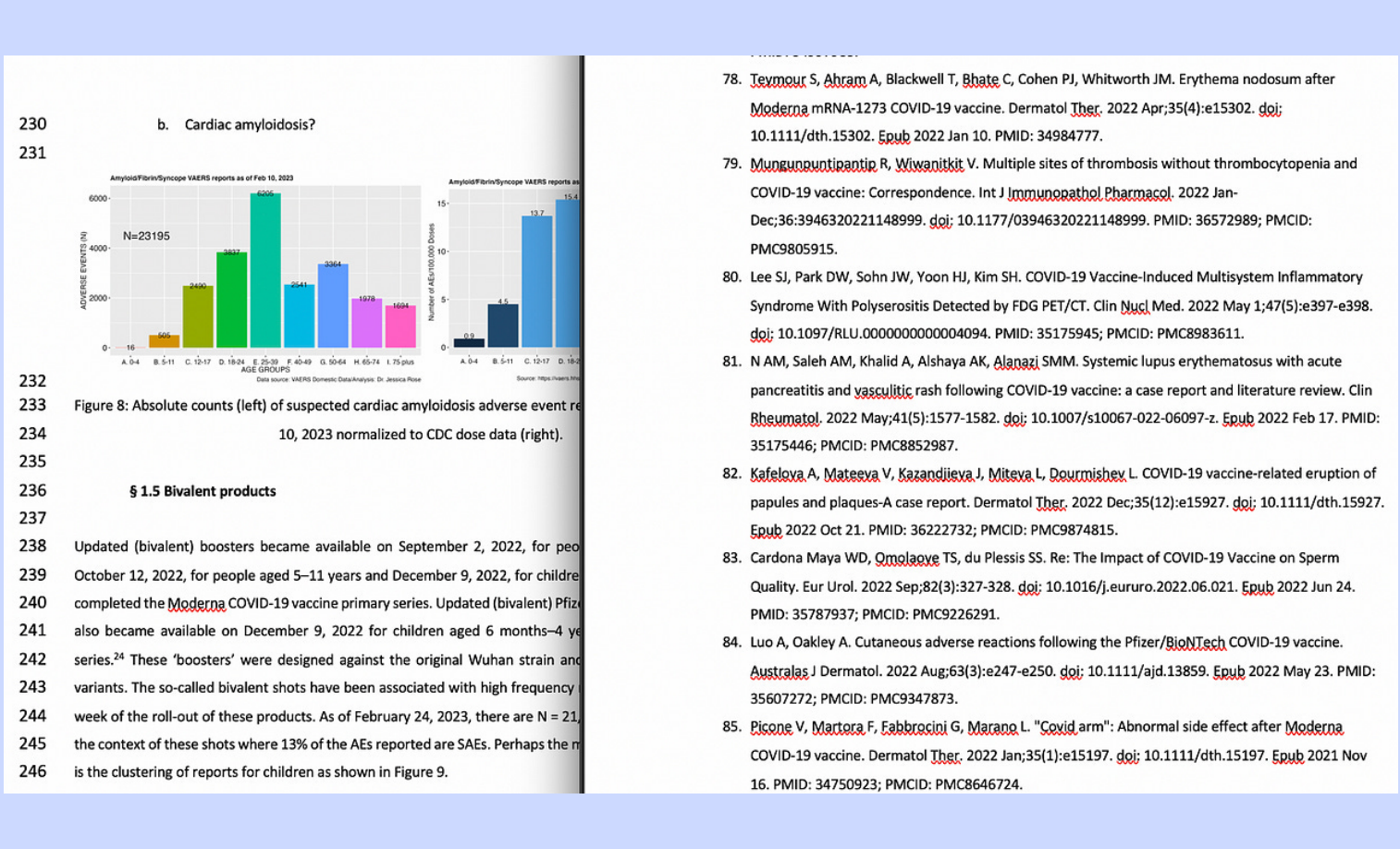
Thus, the present invention is not limited to whole brain entrainment, and may target brain regions. This may permit sequential recruitment of regions to the desired state, which may be easier that concurrent recruitment. Further, in case of coronasomnia, certain brain regions may be abnormally active, and by targeting and addressing other brain regions, the impact of the active region(s) may be minimized.



The sleep, for example, precedes vaccination, in order to normalize and improve immune response. However, the Coronavirus-induced or associated sleep disorders may induce immunosuppression or immune disorders regardless of vaccination, and the present technology may provide benefit in either case.

The method of therapy comprises, for example, providing a device (or a downloadable software application for a smartphone, or program delivered through a smart speaker), which is provided near a subject on the night or nights prior to or after a scheduled vaccination. The device presents binaural auditory stimulation, preferably through earbuds, but also possibly through stereo speakers, which include sounds having difference frequencies corresponding to sleep patterns. While open loop control over the process is possible, certain types of monitoring are cost efficient and minimally obtrusive. For example, microphones in smartphones or smart speakers can be monitored to listen for breath sounds, which permit extraction of respiratory rate and an assessment of variability. Likewise, other sounds, such as from movement or voices, may be monitored for

So NOW they're concerned about induced immune suppression. I wonder if buddy had a peek at the adverse event data, peer-reviewed papers or case studies indicating that the COVID injections CAUSE immune suppression? I am up to 100 references located on *Pubmed* indicating immunological problems post-injection for a chapter I am writing in an upcoming book. By the way.


Amyloid/Fibrin/Syncope VAERS reports as of Feb 10, 2023
ADVERSE EVENTS (N)
N=23195
AGE GROUPS
Number of AEs/100,000 Doses

b. Cardiac amyloidosis?

Figure 8: Absolute counts (left) of suspected cardiac amyloidosis adverse event re
10, 2023 normalized to CDC dose data (right).

§ 1.5 Bivalent products

Updated (bivalent) boosters became available on September 2, 2022, for peo
October 12, 2022, for people aged 5–11 years and December 9, 2022, for childre
completed the Moderna COVID-19 vaccine primary series. Updated (bivalent) Pfiz
also became available on December 9, 2022 for children aged 6 months–4 y
series.[24] These 'boosters' were designed against the original Wuhan strain an
variants. The so-called bivalent shots have been associated with high frequency
week of the roll-out of these products. As of February 24, 2023, there are N = 21
the context of these shots where 13% of the AEs reported are SAEs. Perhaps the m
is the clustering of reports for children as shown in Figure 9.

78. Teymour S, Ahram A, Blackwell T, Bhate C, Cohen PJ, Whitworth JM. Erythema nodosum after Moderna mRNA-1273 COVID-19 vaccine. Dermatol Ther. 2022 Apr;35(4):e15302. doi: 10.1111/dth.15302. Epub 2022 Jan 10. PMID: 34984777.
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81. N AM, Saleh AM, Khalid A, Alshaya AK, Alanazi SMM. Systemic lupus erythematosus with acute pancreatitis and vasculitic rash following COVID-19 vaccine: a case report and literature review. Clin Rheumatol. 2022 May;41(5):1577-1582. doi: 10.1007/s10067-022-06097-z. Epub 2022 Feb 17. PMID: 35175446; PMCID: PMC8852987.
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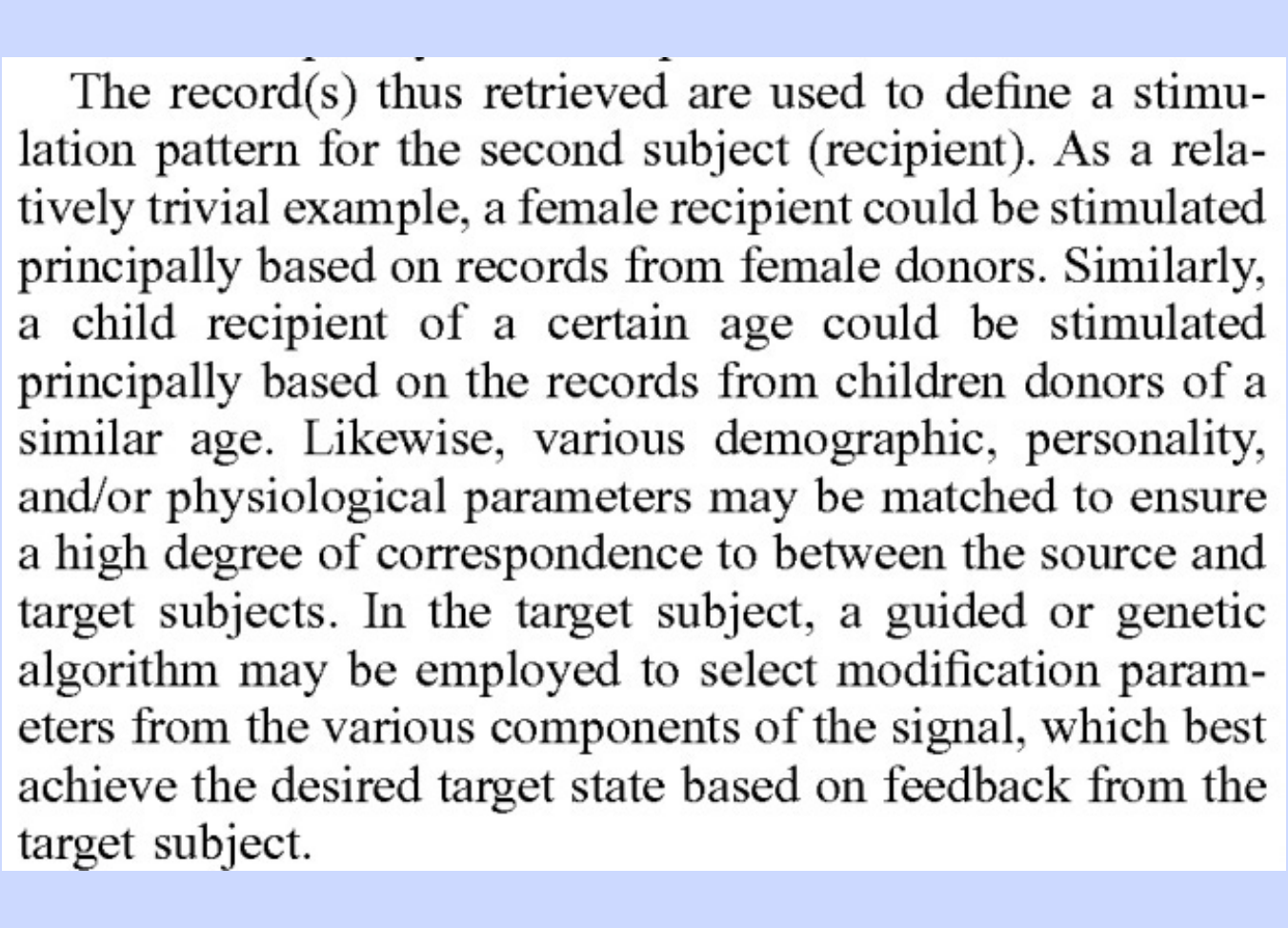
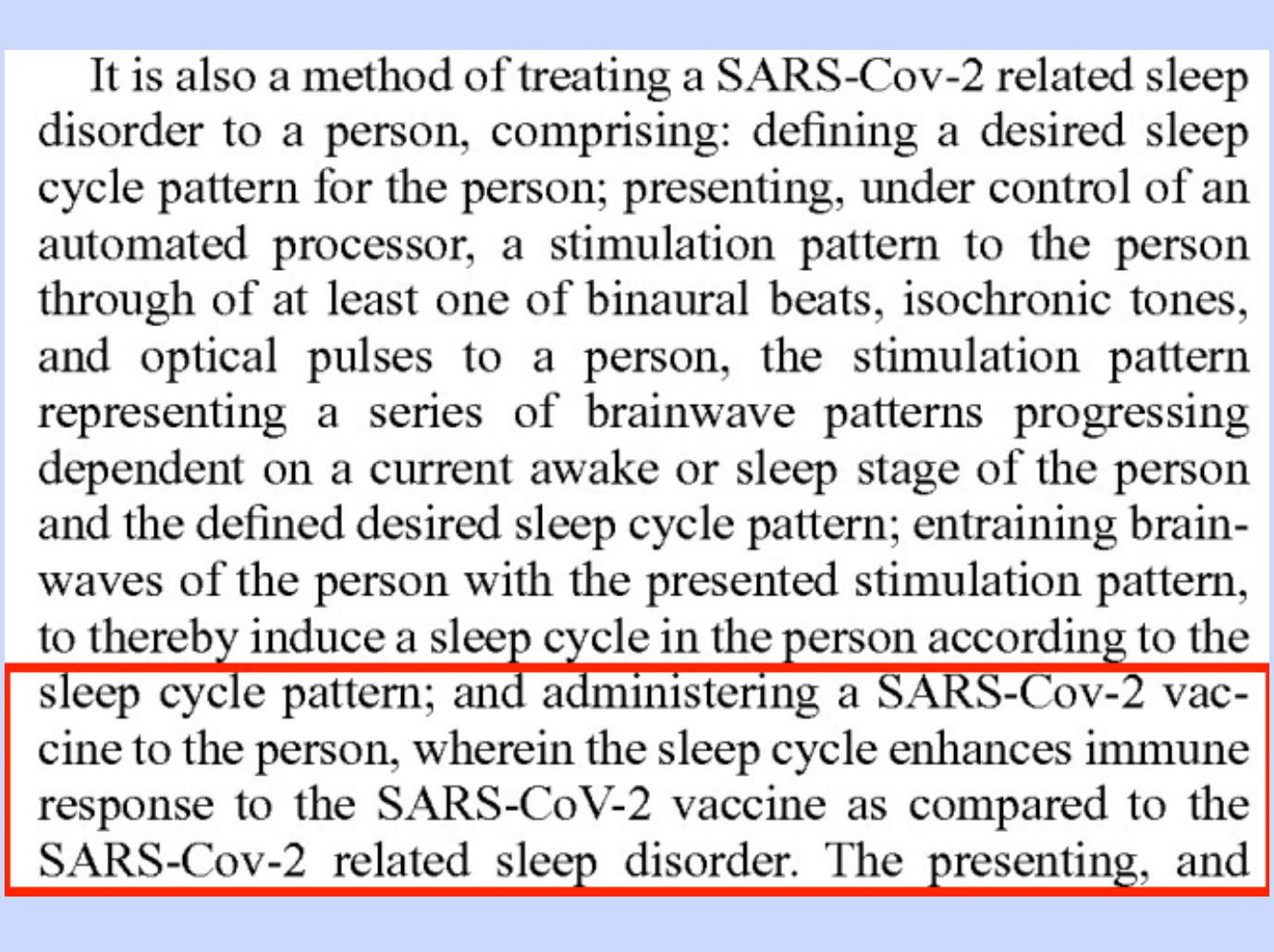
85. Picone V, Martora F, Fabbrocini G, Marano L. "Covid arm": Abnormal side effect after Moderna COVID-19 vaccine. Dermatol Ther. 2022 Jan;35(1):e15197. doi: 10.1111/dth.15197. Epub 2021 Nov 16. PMID: 34750923; PMCID: PMC8646724.

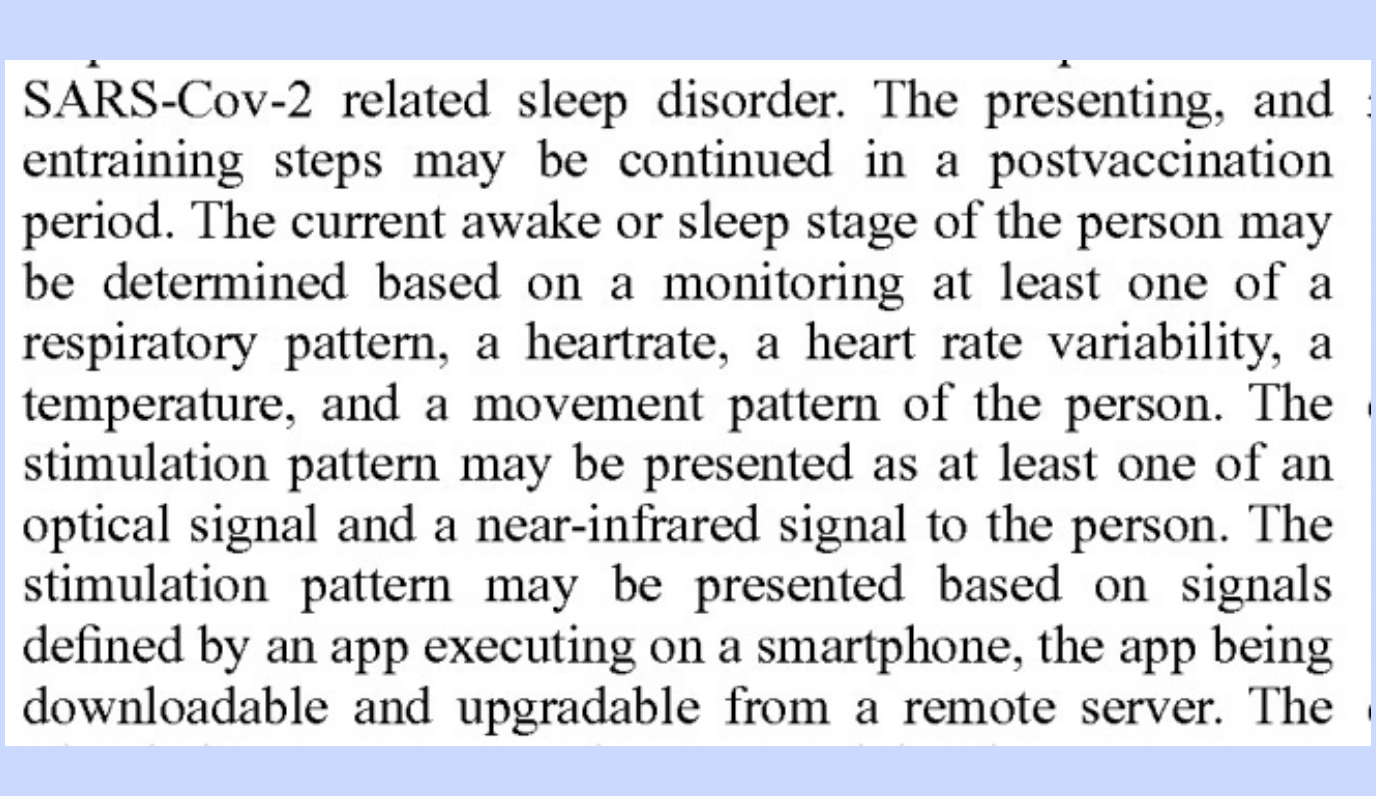


The record(s) thus retrieved are used to define a stimulation pattern for the second subject (recipient). As a relatively trivial example, a female recipient could be stimulated principally based on records from female donors. Similarly, a child recipient of a certain age could be stimulated principally based on the records from children donors of a similar age. Likewise, various demographic, personality, and/or physiological parameters may be matched to ensure a high degree of correspondence to between the source and target subjects. In the target subject, a guided or genetic algorithm may be employed to select modification parameters from the various components of the signal, which best achieve the desired target state based on feedback from the target subject.



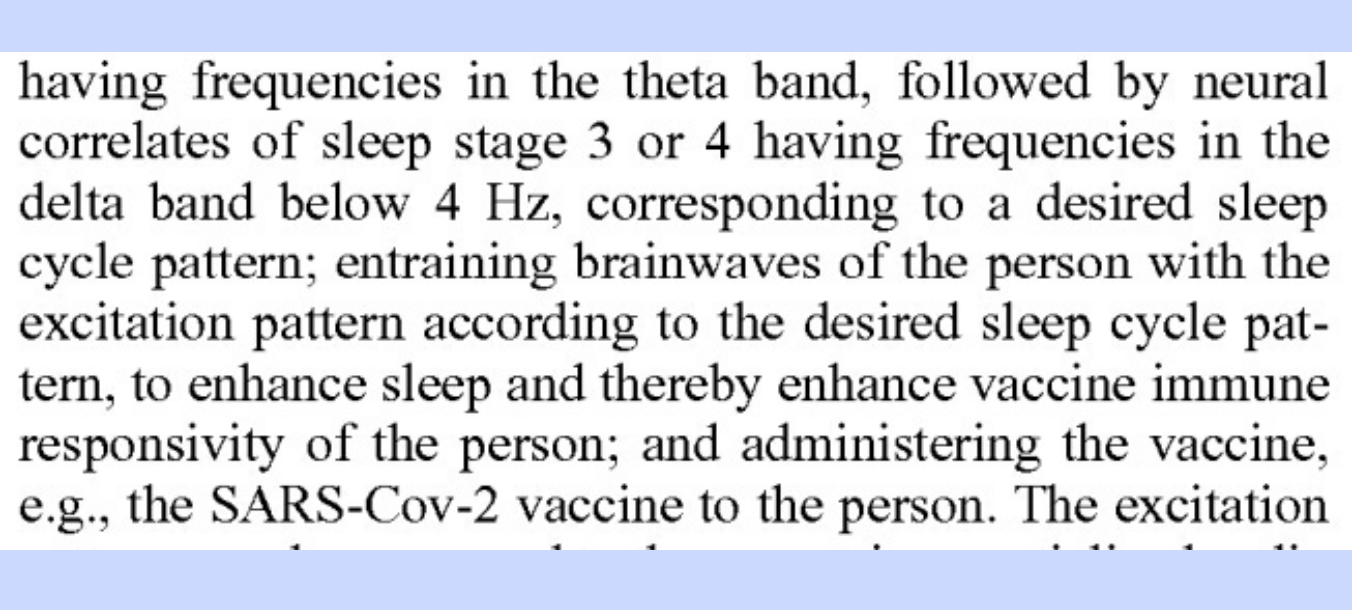
It is also a method of treating a SARS-Cov-2 related sleep disorder to a person, comprising: defining a desired sleep cycle pattern for the person; presenting, under control of an automated processor, a stimulation pattern to the person through of at least one of binaural beats, isochronic tones, and optical pulses to a person, the stimulation pattern representing a series of brainwave patterns progressing dependent on a current awake or sleep stage of the person and the defined desired sleep cycle pattern; entraining brainwaves of the person with the presented stimulation pattern, to thereby induce a sleep cycle in the person according to the sleep cycle pattern; and administering a SARS-Cov-2 vaccine to the person, wherein the sleep cycle enhances immune response to the SARS-CoV-2 vaccine as compared to the SARS-Cov-2 related sleep disorder. The presenting, and

So the brilliant idea here is to put us in an altered state of consciousness and then drug us? Can I pick the tunes and the drugs? No? I see.



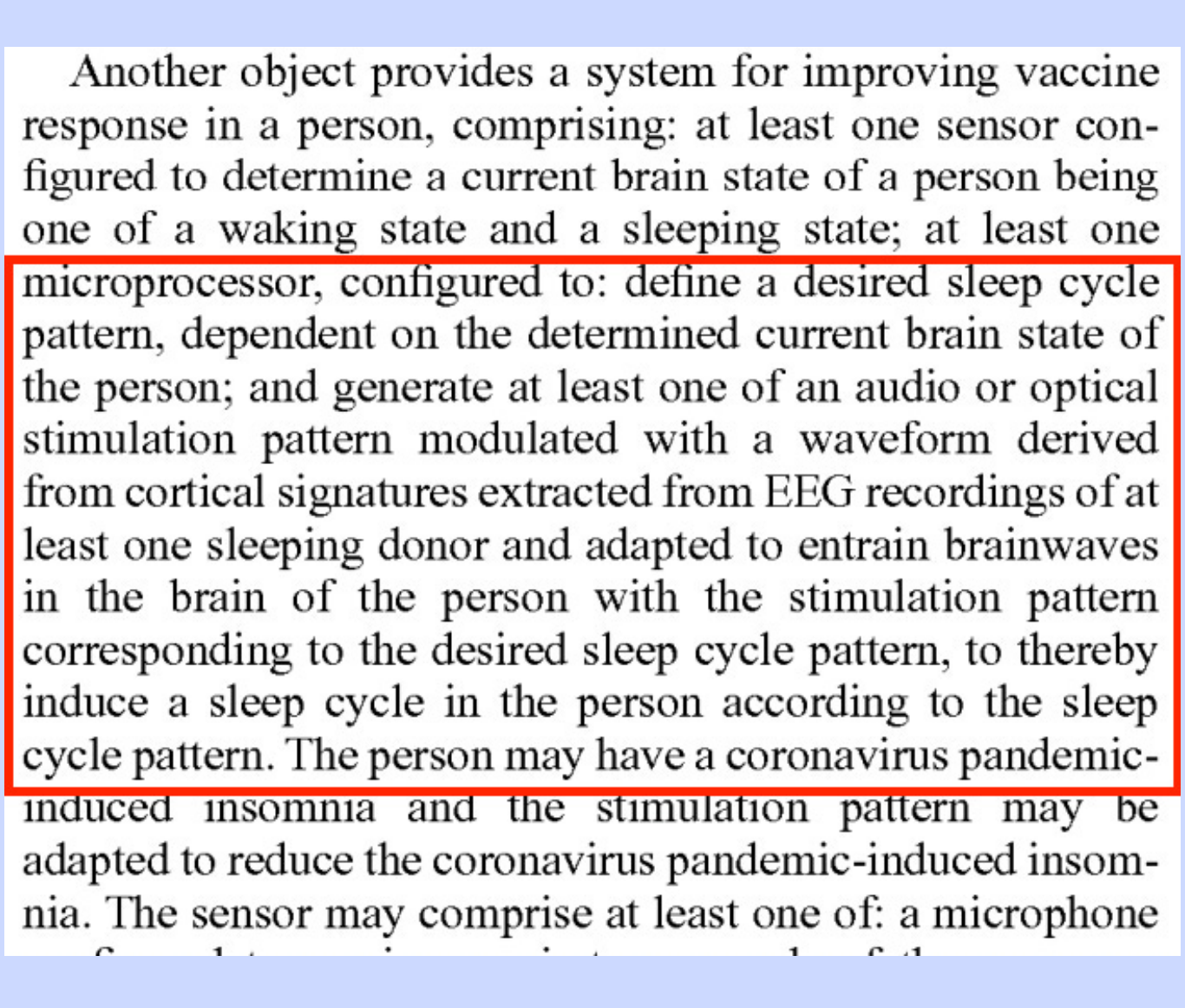
SARS-Cov-2 related sleep disorder. The presenting, and entraining steps may be continued in a postvaccination period. The current awake or sleep stage of the person may be determined based on a monitoring at least one of a respiratory pattern, a heartrate, a heart rate variability, a temperature, and a movement pattern of the person. The stimulation pattern may be presented as at least one of an optical signal and a near-infrared signal to the person. The stimulation pattern may be presented based on signals defined by an app executing on a smartphone, the app being downloadable and upgradable from a remote server. The

Oh, so they plan on keepin' on keepin' on, *after* the injection has been injected because… COVID? Oh I see, you need to know where my body is moving in 3D space because… You know what? This sounds like what I would do if I was collecting data to design a new and realistic video game. Why do these people need to know how and where and why our bodies are moving through 3-space?

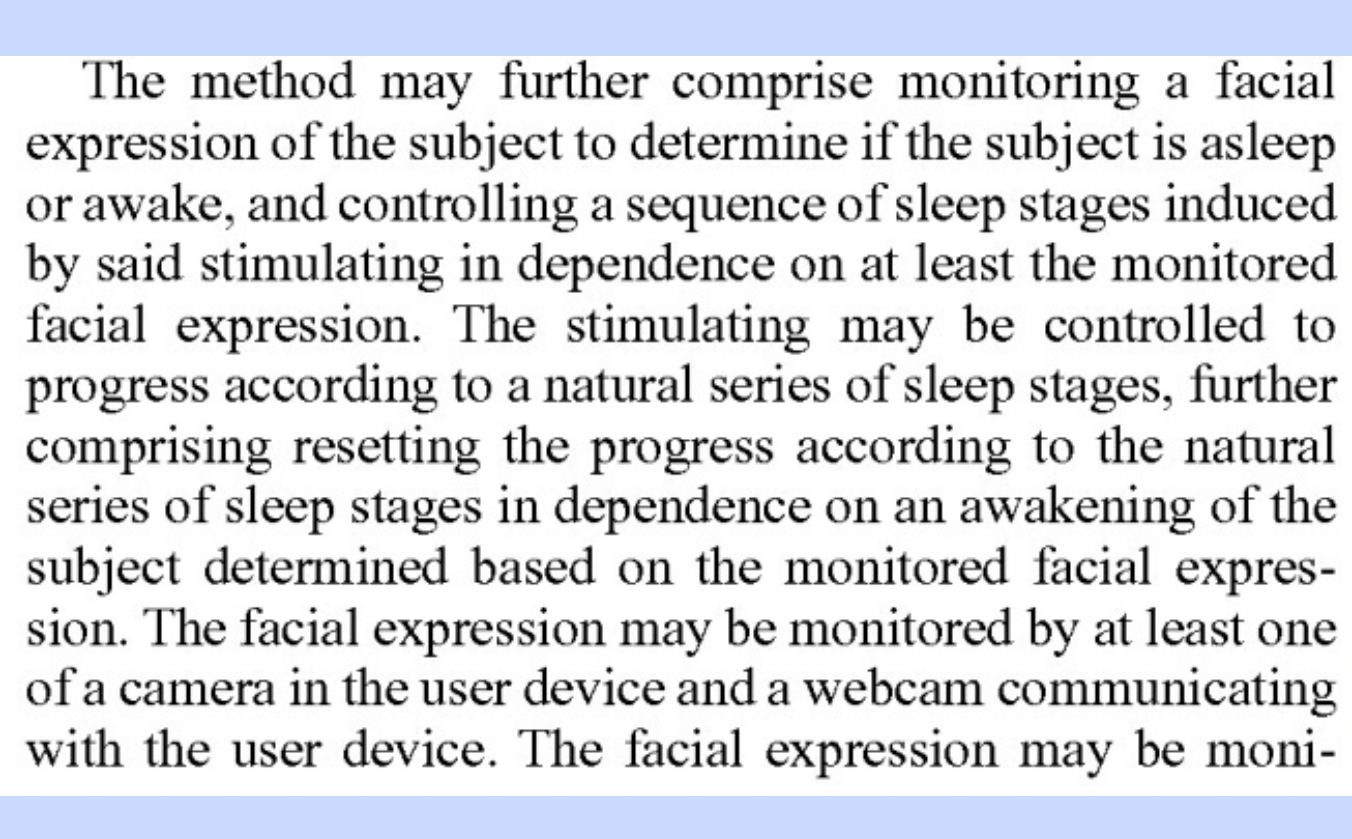


having frequencies in the theta band, followed by neural correlates of sleep stage 3 or 4 having frequencies in the delta band below 4 Hz, corresponding to a desired sleep cycle pattern; entraining brainwaves of the person with the excitation pattern according to the desired sleep cycle pattern, to enhance sleep and thereby enhance vaccine immune responsivity of the person; and administering the vaccine, e.g., the SARS-Cov-2 vaccine to the person. The excitation

Oh right, this is about improving 'vaccine response'. Roiiiiggghhhhtttttt. Tttt.

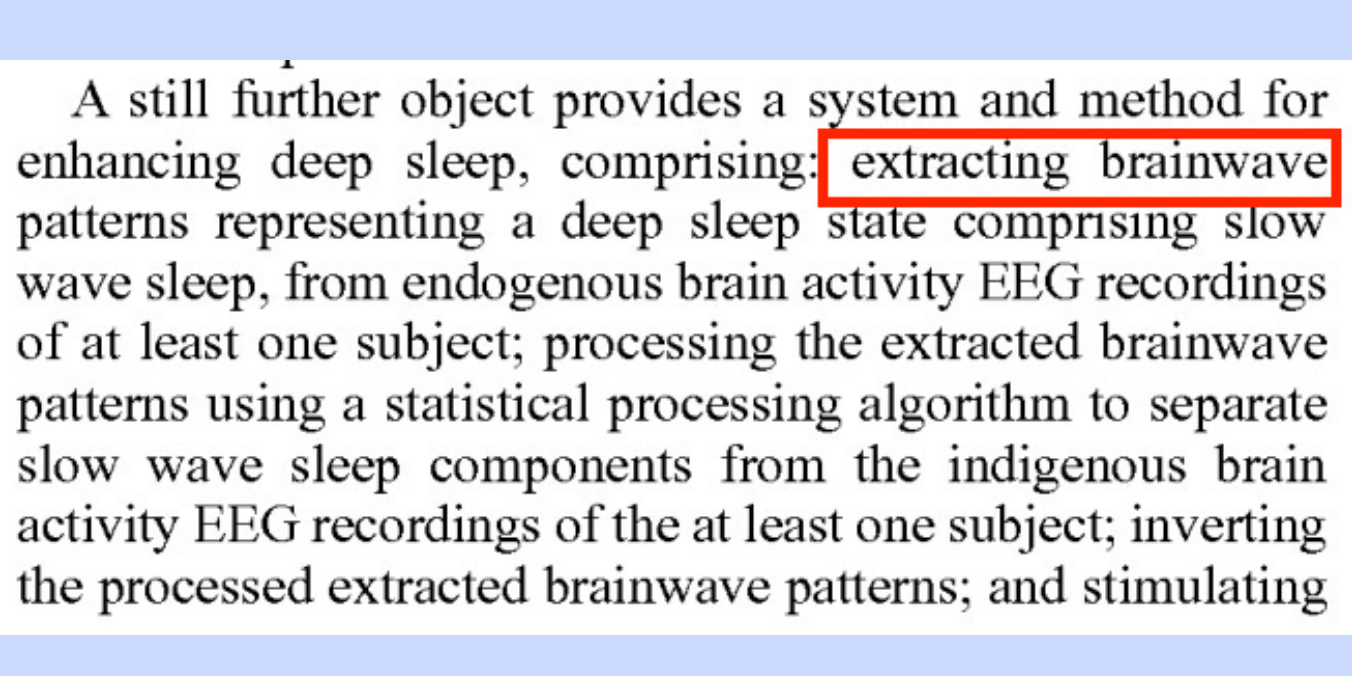


Another object provides a system for improving vaccine response in a person, comprising: at least one sensor configured to determine a current brain state of a person being one of a waking state and a sleeping state; at least one microprocessor, configured to: define a desired sleep cycle pattern, dependent on the determined current brain state of the person; and generate at least one of an audio or optical stimulation pattern modulated with a waveform derived from cortical signatures extracted from EEG recordings of at least one sleeping donor and adapted to entrain brainwaves in the brain of the person with the stimulation pattern corresponding to the desired sleep cycle pattern, to thereby induce a sleep cycle in the person according to the sleep cycle pattern. The person may have a coronavirus pandemic-induced insomnia and the stimulation pattern may be adapted to reduce the coronavirus pandemic-induced insomnia. The sensor may comprise at least one of: a microphone



The method may further comprise monitoring a facial expression of the subject to determine if the subject is asleep or awake, and controlling a sequence of sleep stages induced by said stimulating in dependence on at least the monitored facial expression. The stimulating may be controlled to progress according to a natural series of sleep stages, further comprising resetting the progress according to the natural series of sleep stages in dependence on an awakening of the subject determined based on the monitored facial expression. The facial expression may be monitored by at least one of a camera in the user device and a webcam communicating with the user device. The facial expression may be moni-

Oh dear.



A still further object provides a system and method for enhancing deep sleep, comprising: extracting brainwave patterns representing a deep sleep state comprising slow wave sleep, from endogenous brain activity EEG recordings of at least one subject; processing the extracted brainwave patterns using a statistical processing algorithm to separate slow wave sleep components from the indigenous brain activity EEG recordings of the at least one subject; inverting the processed extracted brainwave patterns; and stimulating

The reason I decided to post this after such a long time is because I believe that we *really* need to maintain control (as much as we can) of not only our bodies and brains, but our minds or *consciousnesses*. I know this sounds a bit sci-fi but the fact that there are people filing and publishing patents and even starting companies - and likely have been for quite some time - which includes patenting technologies with the goal to exploit the human being('s immune system) whilst sleeping, disturbs me to no end. The reason it disturbs me is due to the signs of centralized dictatorship-style 'governance' all around us for the past few years. The desire to control the many is clear.

To be clear and as I understand them, patents are basically just ideas that have been filed and published (in some cases), that are owned by specific people for a certain amount of time, and by no means indicate that the idea has been, or ever will be realized. I imagine the patent list of ideas never realized is very long due to a plethora of reasons. But, the fact that this one specifically links to this coronavirus debacle, makes me think that not only might these people realize these ideas in real time, but would likely get heavily funded to do so. Just say the words 'coronavirus' or 'cancer' and watch the money flow!

Many people, billions in fact, in the context the coronavirus experiment, simply said 'I want to do the *right* thing' and subsequently willingly locked themselves up, gagged themselves, injected themselves repeatedly with as yet experimental products, and signed up for digital paper use for the mere glimmer of being 'set-free' 'one day'. The problem with this (criminal debacle) is that 'the *right* thing' was ***NOT** right* at all. It was a bastardization of 'right' - an imposterization - to usher in a predatory distortion of the truth aimed to take advantage of a basic human desire to do good. It was an exceedingly predatory and telling experiment and the data continues to roll in.

The fact that there *are* 'powers that be' that desire to control the human species is not new. But the technologies currently available to induce control, are. And, if I may, it seems to me that communal apathy has reached a new high within certain urban settings. From observation, the majority of people I see nowadays are more concerned with scrolling through a device than taking a moment to smile at the person sitting across from them, or walking past them. I don't necessarily assign blame, per se, to this learned behavior, but it needs to be acknowledge. I think it's leading us away from **what** we fundamentally **are**.

The disconnection between humans, and between humans and mother Earth and the entirety of her ecosystem, concerns me deeply. We have indeed been preyed upon for the past 3 years. Forced isolation imposed in militant ways by military forces, in many countries (why?), forced sterilization of environment, removal of necessary immune stimulation for months at a time, installation of technologies and devices that most people are subjected to daily, with no knowledge of potential disruptions to sleep patterns, concentration or basic human physiology.

Sometimes I wonder if there are any 'healthy' people left in urban environments or if we're all just walking tumor environments.

My point here is that since billions of people were so easily lullabied into a hypnosis-like state - suggestible, maleable, impressionable - then it isn't hard for me to imagine it happening again. And perhaps the next time, the outcome won't be 'as good'. Imagine if the 'powers that be' aren't satisfied with controlling us in the waking world. What would happen if they found a way to prey on us in our sleep? Or even to induce altered states of consciousness to make us even more suggestible?

That's what the patented device above is designed to do: to improve the efficiency of an injected product by exploiting the immune system state during the sleep cycle. Again, if this technology *is* being developed, or succeeds to be developed, what will it be used for? And will anyone be told that it *is* being used?

Based on the **lack** of mere *possibility* (let alone actual) of informed consent in the latest 'human experiment' that we've been subjected to, I highly doubt that the centralized governing forces would ask for our permission to use any kind of new technology on us. Why would they? We might, perish the thought, tell them: go to hell and to take their dream software with them. But they know what's best for us, right?

I dare say, they rarely do ask for permission and I also dare say, that besides the known atrocious experiments done to human beings without their knowledge or consent over the decades, many, many more have been undertaken and many, many more are currently being done without our knowledge and therefore, of course, without our consent. Think of our soldiers. Those innocent souls told that their college tuition will be paid for and that they'll be heroes for defending their nation. The only problem is, it does so appear that they're not defending the nation; they're defending an outdated degenerate agenda upheld by a bunch of old money war-mongers, and the bad news is that our soldiers have to be fully injected to do so. Again, predation. It's all BS. Wars are BS. But I digress.

The thing is this. If an enormous amount of damage is done in the meantime, then the ability to do anything to fight back will be admonished. How convenient. You see the problem? Think of it this way. If you destroy the ability of an army to fight as an organized group, then you needn't launch a single missile. 'They' will have been destroyed from the inside. In addition, on the subject of apathy of the masses, without the will *to live* and the desire for sovereignty, there is no life. I think the 'powers that be' know this very well and I think their tactical war guns have turned toward the people. I really do.

People who cherish freedom, truth and sovereignty are enemies of dictators, liars and degenerate regimes. I believe that while we are still *able* to fight, we must. For sovereignty - not just as individuals - but as nations. Our differences - all of our differences, must be honored and celebrated, not by using virtue signaling woke BS, but by preserving borders, languages, songs… culture itself.

It occurred to me yesterday (although my partner says I should be writing science fiction novels with my ideas) that perhaps it is not we, as humans, who seem to be living a movie. Perhaps, in fact, the movie is living in all of us. In any case, one needs to ask, are we writing the scripts based on imagination or based on reality? Do awesome ideas invent the future or were they already there? Most good science fiction films actually provide good survival ideas, if you care to look! But I am not endeavoring on my new career as a science fiction writer just yet.

Pertaining to exploitation of chronobiology and vaccine response optimization, that would be a clear: "Lay off my brainwaves, crazy person", from me. And furthermore, if we all get body snatched in our dreams, we're done. Not sure how else to say it. Stay 'awake'? Freddy Kreuger would not approve.

Did you guys know that this is Robert Englund who played Willie on V?

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Eileen13 hr ago Liked by Jessica Rose

...not a Canadian I feel more proud of than you Dr. Rose....keep informing us, and letting us know what the Evil ones are up to.....I feel the same as you..."keep your dirty little hands off of my brainwaves."...perhaps they need to concentrate more on finding out where theirs have disappeared to.

31ReplyCollapse•••

Ed13 hr ago

There is another device, already in use by almost everybody. The car. A huge metal antenna fitted with a multi-channel receiver and GPS locator allowing precise targeting by a foot operator with a portable transmitter, using all mobile telephony towers in close vicinity.

And yet another, much better for the purpose. The smartphone. Capable of transferring high radiation loads over a long time in short burst cycles or low radiation doses 24/7.

And yet another. The radio. This one is literally everywhere. Just modulate the signal to disrupt brainwave perception patterns. If you want a long-run effect, modify some frequency bands at the output of the broadcasting facility to send out permanently disfigured audio signal. People will go crazy and angry and will be ready to attack anyone close by, including their own folks. Actually, attacking family members is the easiest to achieve, we have a long accepted tradition in it.

You could also create music trends that purposefully destroy harmony in the human being, like punk (named aptly), trash (named aptly), heavy metal (named aptly), becoming real toxins to the body.

If that's not enough, you can promote monographic music weapons, aka hits (named aptly), intended to elicit certain responses across the community.

If you want more, you can create whole music styles that disrupt harmonious brain activity and/or induce trance states, like hip hop (named aptly) or rap (named aptly).

Music-related weapons are best, because they are addictive and somehow make people create cults around them, thus self-destroying social connections and disrupting traditional models of social coexistence (which, accidentally, bring about strength and resiliency + immunity against outer incentives).

25ReplyGift a subscriptionCollapse•••

11 replies

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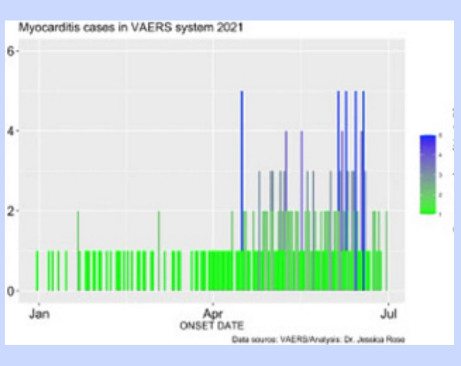
Top New Community

This is one of the emails I received the other day. I get hundreds daily, and I am hearing you all.

This particular note spoke loudly to me and this lovely person gave me permission to share her words.

JESSICA ROSEJUL 17, 2022 1,700 246



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Jessica Rose PhD, MSc, BSc and Peter A. McCullough MD, MPH

JESSICA ROSENOV 2, 2021 1,258 146

Rewrite: Let's tag team this until everybody understands

The modified spike protein is dangerous and for very specific reasons.

JESSICA ROSEJUN 13, 2022 698 140

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